



# JUNE 2025

Lutheran Manor  
of the Lehigh Valley

2085 Westgate Drive, Bethlehem, PA 18017

## Office Hours

Monday - Thursday  
8:30a - 4:30p  
Friday  
8:30a - 1:00p

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## Fitness Center

Every Day  
6:00a - 9:00p

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## Staff Birthdays

NO June Babies

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## WELCOME New Residents

Megan S. - Floor 5  
William H. - Floor 8

## General Meeting

**Tuesday, June 17th**  
**@ 2:00p**

**Lounge / Channel 98**



# Office Notes

*In observance of*

## **JUNETEENTH NAT'L INDEPENDENCE DAY**

The office will be **CLOSED!**

**Thursday, June 19th**

*Sunday Believers'  
Worship*  
*with Paul Belfort*  
**Sundays  
@ 1:00p**

## *Happiest* **FATHER'S DAY!**

Celebrating all  
the dads out  
there for all the  
strength, love,  
and wisdom!

**Sunday, June 15th**

We are required by the Department of Housing & Urban Development to bi-annually inspect all equipment in Lutheran Manor units. The inspection will include plumbing, heating/ac, electrical, appliances, windows, carpeting, & paint.

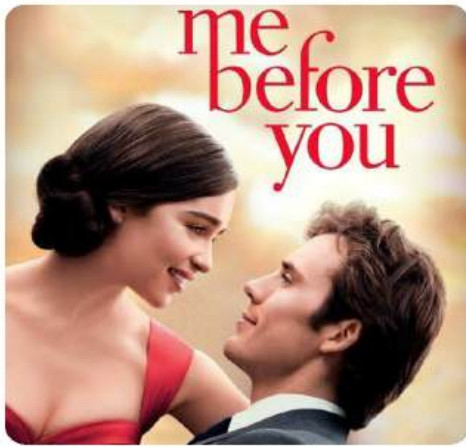
<b>Mon, June 23rd</b>	<b>Floors 11, 10, 9</b>
<b>Tue, June 24th</b>	<b>Floors 8, 7, 6</b>
<b>Wed, June 25th</b>	<b>Floors 5, 4, 3</b>
<b>Thurs, June 26th</b>	<b>Floors 2, 1</b>

You **DO NOT** need to be home or need to do anything for this inspection. If you are not home on the date your floor is scheduled, Maintenance will enter your apartment and complete their inspection. Thank you for your cooperation.

Should you have any concerns or conflicts, please visit the Main Office.



# Movie Days



Louisa's cheerful attitude is put to the test when she becomes a caregiver for Will, a wealthy banker left paralyzed from an accident. As their bond deepens, their lives and hearts change in ways neither one could have ever imagined.

**JUNE 2ND | PG13**

## IN-PERSON MOVIE

~With Spanish Subtitles

After the loss of his mother, Joe Scaravella (Vaughn) risks everything to honor her by opening an Italian restaurant with a group of local grandmothers as the chefs. Based on a true story, **NONNAS** is a heartfelt tale of celebration, the love of food, family and all the ingredients of life.



**JUNE 9TH | PG13 | COMMUNITY ROOM**

## PELÍCULA ESPAÑOLA EN PERSONA

~Con Subtítulos en Inglés



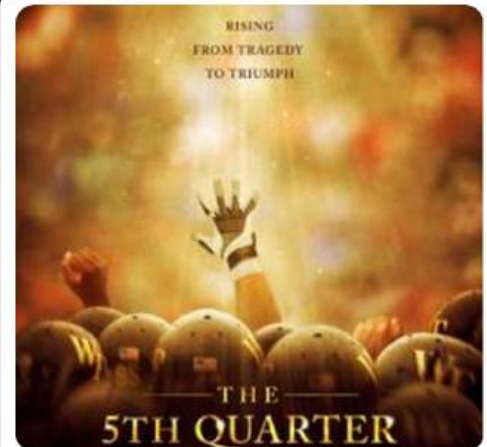
Rosario espera una vida mejor para ella y su hijo, dejándolo con su abuela mientras cruza la frontera estadounidense y consigue trabajo como empleada de limpieza en LA. Pero cuando la abuela de Carlitos fallece, el niño emprende un viaje difícil y peligroso para reunirse con ella.

**20 DE JUNIO | TVMA  
SALA COMUNITARIA**



After his love falls in a coma, Daniel undergoes a military experiment for a year. Forgotten, 53 years later, a boy accidentally frees a confused Daniel. Complications arise from the experiment as time is running out and his body starts to age rapidly.

**JUNE 23RD | PG**



Driven by the tragic and fatal car accident that claimed his younger brother, Luke, Jon Abbate turns heartache into a tribute to his late brother, rising from tragedy to triumph.

**JUNE 30TH | PG13**

~All LM movies live-streamed on Channel 98 at 1:00p~



## Katie's Korner

### **WALKER'S CLUB**

Mondays & Wednesdays  
at 9:30a and 2:30p  
Fridays at 9:30a

Meet in front of the gym

### **CHAIR YOGA**

Every Friday  
11:00a & 1:00p  
~Fitness Room

.....  
Sign-up REQUIRED

### **WORKOUT WARRIOR OF THE MONTH**

**CRISTIAN COLON-CHEVERE**

Hard work and consistency pay off!

**CONGRATULATIONS!!**

### **CELEBRATING ALZHEIMER'S & BRAIN HEALTH AWARENESS IN SENIOR CITIZENS**

#### **Katie, Fitness Specialist**

Join us for an hour  
of Mind & Body  
Connections -  
Deep Breathing,  
Gentle Stretching,  
Visualization and  
Meditation

**Tuesday, 6/3 @ 2:00p**

#### **SPEAKER: Gracedale 'Neuropathy 101'**

Neuropathy refers to nerve  
damage, numbness, and  
tingling, usually in the hands &  
feet caused by various factors  
like diabetes, injuries, or vitamin  
deficiencies. Learn the common  
symptoms, causes, types,  
and treatment options.

**Tuesday, 6/17 @ 3:30p**

**Community Room | Sign-up on the Events Form**



# Katie's Korner

## Drum Fitness

**Every Tuesday and Thursday @ 12:15p**

**Contact Lori  
in the Main Office  
about cancelations**

**Sign-up REQUIRED | Community Room**

6/3	with Anna	12:15p	_____
6/5	with Katie	12:15p	_____
6/10	with Annie	12:15p	_____
6/12	with Katie	12:15p	_____
6/17	with Anna	12:15p	_____
6/19	No Class	--	_____
6/24	with Anna	12:15p	_____
6/26	with Katie	12:15p	_____

Name: \_\_\_\_\_ Apt. \_\_\_\_\_

**Check the dates you would like to attend & return this slip to the Main Office!**



6/6	Friday	11:00a	_____
6/6	Friday	1:00p	_____
6/13	Friday	11:00a	_____
6/13	Friday	1:00p	_____
6/20	Friday	11:00a	_____
6/20	Friday	1:00p	_____
6/27	Friday	11:00a	_____
6/27	Friday	1:00p	_____

## Chair Yoga

**Every Friday  
at 11:00a & 1:00p**

**Contact Lori  
in the Main Office  
about cancelations**

**Sign-up REQUIRED | Fitness Room**

Name: \_\_\_\_\_ Apt. \_\_\_\_\_

**Check the dates you would like to attend & return this slip to the Main Office!**

## From the Chaplain

Each of you should use  
**WHATEVER**  
*gift* you have received  
to **SERVE**  
**OTHERS**

as faithful stewards of **God's** *grace* in its various forms

1 Peter 4:10

Growing old, like taxes, is a fact we all must face. Someone has said, "As you grow older, don't grow colder!" You're never too old to serve God. The things God calls us to do in life do not hinge upon our physical stamina or financial strength. One of the great strengths of the Christian Church lies in its seniors—older, mature believers who have walked with God for years. We CAN listen, advise, help, and encourage others. We CAN pray and declare the glories of God. How will God use you today? Remember: If you're still breathing, God is not done with you yet!!

***"And all the time...God is Good!" - Pastor Clark***

## Worship in the Community Room

### Worship Services at 2:00p - Live-Streamed on Ch98

Thurs, 6/5	Pastor David Vasquez - Iglesia Nuevo Amanecer COB, Bethlehem (Spanish)
Thurs, 6/12	Rick Sergi - LV District Field Director, EC Church
Thurs, 6/19	NO WORSHIP TODAY
Tue, 6/24	Father Venatius Korobo - Notre Dame RC Church, Bethlehem
Thurs, 6/26	Dr. Mark Crumpler - Grace Church, Bethlehem

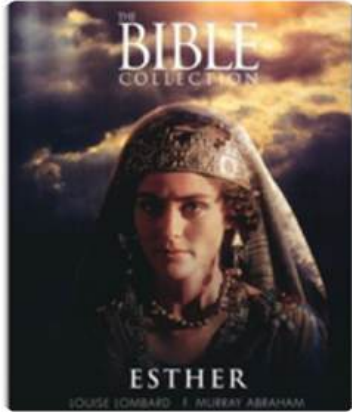
**\*NO Holy Communion Worship this month**

**~If you are unable to attend worship in person and wish to receive a sealed communion cup, please contact Pastor Clark**



## Pastor's Movies

### ESTHER



Esther, a courageous, young woman who enchants the King of the Persians and becomes Queen. Even though she carries a secret that threatens her very life, her steadfast courage & devotion enables her to save the kingdom.

**JUNE 4TH**

### CATCH ME IF YOU CAN



Barely 17 yet, Frank is a skilled forger who has passed as a doctor, lawyer and pilot. FBI agent, Carl becomes obsessed with tracking down the con man, who only revels in the pursuit.

**JUNE 11TH | PG13**

### AMAZING GRACE



The film recounts the experiences of John Newton as a captain of slave ships and subsequent Christian conversion, which inspired his writing of the much loved hymn, Amazing Grace.

**JUNE 18TH | PG**

### FRIEND



When a solitary writer adopts and bonds with a Great Dane that belonged to a late friend, she begins to come to terms with her past and her own creative inner life.

**JUNE 25TH | R**

All Pastor Movies are live-streamed on Wednesdays at 2:00p on Channel 98

## Lutheran Manor BINGO

# LUTHERAN MANOR BINGO

***NO BINGO in June, July,  
and August. We will  
resume in September.***



# Bellezza Salon

We work by appointments, but will also accept Walk-Ins when availability presents itself. If you cannot make your scheduled reservation, PLEASE either leave a message with your stylist directly, or leave a note under the salon door. The salon is open every Monday, Wednesday & every other Tuesday. Always check the sign outside the salon door for any updates. New items will be added to our menu & pricing will be updated starting on July 1st. As always, Thank you for your patronage. We truly appreciate you!

*-Diane, Lorri, & Tracy*

## June Tidbits

Flower - Rose, Honeysuckle

Stone - Pearl, Alexandrite

June 14 - Flag Day

June 15 - Father's Day

June 19 - Juneteenth Independence

June 20 - Longest Day of the year

## Massage Therapy.

*With over 35 years of study, skills and experience, Karen rewrites the rules of wellness and medicine with innovative options to keep mind, body, and soul in balance.*

Contact Karen directly to book an appointment at 610-360-2427.

## SERVICES WITH LORRI:

- Works on Mondays and Wednesdays ONLY
- Specializes in Hair, Waxing, Pedicures, and Facials
- To make, change, or cancel an appointment with Lorri, please call her directly at 610-751-4458

## SERVICES WITH TRACY:

- Works every OTHER Tuesday ONLY
- Specializes in Hair, Ear Candling, Paraffin Dips, Waxing, and Manicures
- To make, change, or cancel an appointment with Tracy, please call her directly at 484-280-5977



# Bellezza Salon and Spa

*Should you desire a service that is not on our menu, please ask.  
We would love to accommodate as best we can.*

## **EAR CANDLING:**

If you have hearing aids, make sure your ears have no wax in them so they work as they are supposed to. If you have difficulty hearing overall, let's get those ears cleared out. Offered on Tuesdays with Tracy.

## **GIFT BOX DRAWING:**

Always remember to enter the drawing each month! You may just be our next Lucky Winner!!

## **GIFT CERTIFICATES:**

Always available for purchase!

## **NAILS:**

We are trying to find the perfect fit for your nail needs but have been unsuccessful. If you know of a nail technician that would like to join our amazing team to work one or two days per month, please call Diane Rizzetto at 610-390-9676. If you refer someone, and they are the one, we will reward you with a FREE manicure & pedicure to show our appreciation.

## **PUNCH CARDS:**

Remember to have your card stamped after each visit. After each service, you will receive a sticker on your punch card. Once you fill up your card, you will receive \$25.00 towards your next salon service. \*Compliments of Lutheran Manor\*

## **REFERRALS:**

Refer a friend, neighbor, or family member for any service and YOU will receive a FREE retail item right off the shelf.

HAPPY  
*Father's*  
DAY



# JUNE 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 1:00p Sunday Believers' with Paul Belfort	2 9:30a Walker's Club 11:00a Zumba 1:00p LM Movie 2:30p Walker's Club 6:00p RA Bingo	3 10:00a BANKS/PHARM 12:15p Drum Fitness 1:15p CLINIC: BP/Glucose 2:00p Mind & Body Connections w/ Katie	4 9:30a Walker's Club 11:00a ROSE GARDEN 11:30a Zumba 12:30p Bible Study 2:00p Pastor's Movie 2:30p Walker's Club	5 10:00a GIANT 10:00a Chat Room 11:30a Cooking w/ Lyndi 12:15p Drum Fitness 12:30p Second Harvest 2:00p Church	6 9:30a Walker's Club 11:00a Chair Yoga 11:30a KOME JAPANESE 12:00p SPEAKER: Red Lion 'Alzheimer's/Brain Health Awareness' 1:00p Chair Yoga 2:00p Snacks & Ice Cream Sales	7 9:30a RA Donuts & Coffee
8 1:00p Sunday Believers' with Paul Belfort	9 9:30a Walker's Club 10:00a PARKLAND DINER 11:00a Zumba 1:00p LM In-Person Movie 'NONNAS' 2:30p Walker's Club 6:00p RA Bingo	10 12:00p WEIS 12:15p Drum Fitness 4:00p RA Taco Tuesday	11 9:30a Walker's Club 11:30a Zumba 12:30p Bible Study 2:00p Pastor's Movie 2:30p Walker's Club	12 9:00a SILVER BIRCHES 10:00a Chat Room 12:15p Drum Fitness 2:00p Church	13 9:30a Walker's Club 11:00a Chair Yoga 12:00p CHUCK WAGON 12:30p CLINIC: OAA 1:00p Chair Yoga 2:00p DOMINO Español 2:00p Snacks & Ice Cream Sales	14 4:00p RA Soups & Hotdogs - CANCELED
15 <b>Father's Day</b> 1:00p Sunday Believers' with Paul Belfort	16 9:30a Walker's Club 10:00a BANKS/TARGET 11:00a Zumba 12:00p Card Making 2:30p Walker's Club 6:00p RA Bingo	17 11:00a THIRSTY TURTLE 12:15p Drum Fitness 2:00p GENERAL MEETING 3:30p SPEAKER:Gracedale 'Neuropathy 101'	18 9:30a Walker's Club 11:30a Zumba 12:30p Bible Study - CANCELED 2:00p Pastor's Movie 2:30p Walker's Club	19 <b>Juneteenth Nat'l Independence Day</b> <b>OFFICE CLOSED</b> All Activities CANCELED	20 9:30a Walker's Club 11:00a Chair Yoga 1:00p Chair Yoga 1:00p Pelicula en persona 'La Misma Luna' 2:00p Snacks & Ice Cream Sales	21 9:30a RA Breakfast - CANCELED



# JUNE 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:45a IRON PIGS GAME 1:00p Sunday Believers' with Paul Belfort 4:00p RA Social - CANCELED 22	<b>Inspections - 11,10,9</b> 23 9:30a Walker's Club 11:00a Zumba 11:30a ENTERTAINMENT: 'One Man Band' 12:00p GERRITY'S MKT 1:00p LM Movie 2:30p Walker's Club 6:00p RA Bingo	<b>Inspections - 8,7,6</b> 24 11:00a HERSHEY WORLD 11:00a VOCERO: Trans America 'Alzheimer Y la Salud Cerebral' 12:15p Drum Fitness 2:00p Church	<b>Inspections - 5,4,3</b> 25 9:30a Walker's Club 11:30a Zumba 12:30p Bible Study 2:00p Pastor's Movie 2:30p Walker's Club	<b>Inspections - 2,1</b> 26 10:00a Chat Room 12:15p Drum Fitness 2:00p Church 3:30p SPRINGTOWN INN	27 9:30a Walker's Club 11:00a ATOWN FARM MKT 11:00a Chair Yoga 1:00p Chair Yoga 2:00p Snacks & Ice Cream Sales 2:00p Clothing Drive	28
1:00p Sunday Believers' with Paul Belfort 4:00p RA Birthday Party 29	30 9:30a Walker's Club 11:00a MT.VIEW DRIVE-IN 11:00a ZUMBA 1:00p LM Movie 2:30p Walker's Club 6:00p RA Bingo					
						<b>STAFF BIRTHDAYS</b> NO June Babies



# Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
<b>Bible Study</b>	Every Wednesday	12:30p	Community Room
<b>Chat Room</b>	Every Thursday	10:00a	Community Room
<b>Church</b>	4th Tues & Every Thurs (1st Thurs - Spanish)	2:00p	Community Room Channel 98
<b>Sunday Believers'</b> with Paul Belfort	Every Sunday	1:00p	Community Room

# Exercise Activities

ACTIVITY	DAY(s)	TIME	PLACE
<b>CHAIR YOGA</b> with Katie	Friday	11:00a 1:00p	Fitness Room
<b>DRUM FITNESS</b>	Anna on Tuesdays Katie on Thursdays	12:15p	Community Room
<b>WALKER'S CLUB</b> with Katie	Monday Wednesday Friday	M - 9:30a M - 2:30p W - 9:30a W - 2:30p F - 9:30a	Front of the Gym
<b>ZUMBA</b> with Anna	Monday Wednesday	11:00a 11:30a	Exercise Room Channel 98



# June Activities

<b>RA BINGO</b>	Every Monday	6:00p	Community Room
<b>RA Snacks &amp; Ice Cream</b>	Every Friday	2p - 3p	Lounge
<b>RA Clothing Drive</b>	Last Friday	2p - 3p	Lounge
<b>RA Coffee &amp; Donuts</b>	1 <sup>st</sup> Saturday	9:30a	Lounge
<b>RA Soup/Hot Dogs, Breakfast</b>	CANCELED	--	--
<b>Van Trip Drop</b>	Monday, June 2nd	9:00a	Brenda's Office
<b>CLINIC: BP / GLUCOSE</b>	Tuesday, June 3rd	1:15p	Lounge
<b>Mind &amp; Body Connections</b>	Tuesday, June 3rd	2:00p	Community Room
<b>Cooking with Lyndi</b>	Thursday, June 5th	11:30a	Lounge
<b>Second Harvest Food Bank</b>	Thursday, June 5th	12:30p	Resident Apts.
<b>SPEAKER: Red Lion</b> 'Alzheimer's & Brain Health'	Friday, June 6th	12:00p	Community Room
<b>IN-PERSON MOVIE: 'Nonnas'</b>	Monday, June 9th	1:00p	Community Room
<b>RA Taco Tuesday</b>	Tuesday, June 10th	4:00p	Lounge
<b>CLINIC: OAA Podiatry</b>	Friday, June 13th	12:30p	Resident Apts.
<b>DOMINÓ ESPAÑOL</b>	viernes, 13 de junio	2:00p	Sala Comunitaria
<b>CARD MAKING with Eileen</b>	Monday, June 16th	12:00p	Lounge
<b>GENERAL MEETING</b>	<b>Tuesday, June 17th</b>	<b>2:00p</b>	<b>Lounge</b>
<b>SPEAKER: Gracedale RN</b> 'Neuropathy 101'	Tuesday, June 17th	3:30p	Community Room
<b>Juneteenth Independence Day</b>	Thursday, June 19th	--	CLOSED
<b>PELÍCULA EN ESPAÑOL:</b> 'La Misma Luna'	viernes, 20 de junio	1:00p	Sala Comunitaria
<b>RA SOCIAL</b>	CANCELED	--	--
<b>ENTERTAINMENT:</b> 'One Man Band'	Monday, June 23rd	11:30a	Lounge
<b>VOCERO: TransAmerica</b> 'Alzheimer y la Salud Cerebral'	Tuesday, June 24th	11:00a	Sala Comunitaria
<b>RA Birthday Party</b>	Sunday, June 29th	4:00p	Lounge





# Brenda's Bulletin

## **SECOND HARVEST FOOD BANK**

Boxes are delivered directly to your apartment. Please plan accordingly to be home at this time. Contact Brenda to sign up.

**Thursday, 6/5 @ 12:30p**

## **CLINICS**

### **BP & GLUCOSE**

**Tuesday, 6/3 @ 1:15p**

~Lounge

### **OAA PODIATRY**

**Friday, 6/13 @ 12:30p**

~Resident Apartment

### **HEALTHDRIVE EYE**

**\*No Clinic this Month**

\*Sign-up with Brenda directly

## **DOMINÓ Español**

Únase a nosotros para disfrutar de algunos juegos, excelente comida española y una compañía increíble.

**viernes, 13 de junio @ 2p**

~Sala Comunitaria

\*Regístrate en el Formulario de Eventos

## **ACTIVITY**

*Card Making*  
with Eileen

**Monday, 6/16 @ 12:00p**

## **ENTERTAINMENT**

*'One Man Band'*  
with Glenn Miller

**Monday, 6/23 @ 11:30a**

Lounge | Sign-Up on the Events Form

## **Office Hours**

**Monday - Friday 9:30am - 3:00pm**

**610-866-6010 ext. 202**



# Brenda's Bulletin

**SPEAKER:**

Red Lion Home Care  
**'Alzheimer's & Brain Health Awareness'**

Now is the right time to take actions that help promote a healthy brain. Get familiar with brain health and learn what steps you can take if you or someone you love has memory concerns.

**Friday, 6/6 @ 12p**

~Community Room

Sign-Up on the Events Form

**VOCERO:**

Trans America Agency  
**'Concienciación Sobre el Alzheimer y la Salud Cerebral'**

Ahora es el momento adecuado para tomar medidas que ayuden a promover un cerebro sano. Familiarícese con la salud cerebral y aprenda qué medidas puede tomar si usted o un ser querido tiene problemas de memoria.

**martes, 24 de junio @ 11a**

~Sala Comunitaria

Regístrate en el Formulario de Eventos

## **COOKING WITH LYNDI**

Come enjoy a live presentation, learn about the food you're eating and indulge in a plate of savory goodness with us.



**Thursday, 6/5 @ 11:30a**

Lounge | Sign up on the Events Form

## **BUS TRIP CANCELATIONS**

~24hr notice **REQUIRED**  
~\$5.00 fee incurred without required notification  
~You will not be able to enjoy any future trips till the fee is paid in full

## **RENT REBATES**

Checks will be distributed after **July 1<sup>st</sup>**. Should you have any questions about your rebate status, please contact Senator Boscola's office at 610-868-8667.



# MISCELLANEOUS

## HEALTHY MANGO SMOOTHY RECIPE



- 2 cups frozen mango chunks
- ½ cup plain Greek yogurt, I used 2%
- 1 small to medium banana, frozen if desired
- ½ cup 100% orange juice, make sure it is 100% juice, no sugar added
- 1 cup unsweetened almond coconut milk blend, add more for a thinner consistency
- 1 teaspoon honey
- ½ teaspoon pure vanilla extract

## JUNE JUMPSTART FITNESS CHALLENGE

If you attend FIVE Exercise Classes, Planned Walks or Personal Training Sessions in June, you will earn LM Healthy Stars merchandise



Ask Katie for details

**JOIN US**

**TACO TUESDAY!!**

NAME: \_\_\_\_\_

APT#: \_\_\_\_\_

Hard \_\_\_\_\_

Soft \_\_\_\_\_

\*TWO tacos per person

**Tuesday, June 10<sup>th</sup> @ 4p**

Sign up required | Lounge

Complete this form and return to the Main Office



# Resident's Association

## BINGO

Come one, Come all!  
Enjoy the Fun!!

**Mondays at 6:00p**

~Community Room



### COFFEE & DONUTS



Come mingle  
with your fellow  
neighbors while  
enjoying a cup of  
joe with some  
delicious donuts  
to start your day!

**June 7th @ 9:30a**

\$1.50 each | Lounge

### SOUPS & DOGS

**\*CANCELED\***  
June, July,  
& August.  
We will  
resume in  
September.

### BREAKFAST

**\*CANCELED\***  
June, July,  
& August.  
We will  
resume in  
September.

### CLOTHING DRIVE

Bring your gently  
used clothing &  
shoes to the  
Lounge at 2:00p,  
so they can be  
donated to the  
Salvation Army.

**Friday, 6/27 @ 2p**

~Lounge

### SOCIAL

**\*CANCELED\***  
June, July,  
& August.  
We will  
resume in  
September.



### BIRTHDAY PARTY

Join us to celebrate  
all Resident Birthdays  
from **APRIL – JUNE**.

If your birthday is  
during these months,  
let's celebrate you!  
If not, come celebrate  
the other birthday babies.

**Sunday, 6/29 @ 4p**

~Lounge



# Event Sign-Up Form

Please **CHECK OFF** which event you would like to attend below:



## Lutheran Manor Events

6/3	Tuesday	<b>Mind &amp; Body Connections</b> with Katie	2:00p	_____
6/5	Thursday	<b>COOKING</b> with Lyndi	11:30a	_____
6/6	Friday	<b>SPEAKER: Red Lion Home Care</b> 'Alzheimer's & Brain Health Awareness'	12:00p	_____
6/9	Monday	<b>LM IN-PERSON MOVIE:</b> 'Nonnas'	1:00p	_____
6/13	Friday	<b>DOMINÓ ESPAÑOL</b>	2:00p	_____
6/16	Monday	<b>CARD MAKING</b> with Eileen	12:00p	_____
6/17	Tuesday	<b>SPEAKER: Gracedale</b> 'Neuropathy 101'	3:30p	_____
6/20	Friday	<b>PELÍCULA ESPAÑOLA EN PERSONA:</b> 'La Misma Luna'	1:00p	_____
6/23	Monday	<b>ENTERTAINMENT: Glenn Miller</b> 'One Man Band'	11:30a	_____
6/24	Tuesday	<b>VOCERO: TransAmerica Agency</b> 'Concienciación Sobre el Alzheimer y la Salud Cerebral'	11:00a	_____

## Resident's Association Events

6/29		Sunday	<b>RA Birthday Party</b>	4:00p	_____
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Name(s): \_\_\_\_\_

Phone#: \_\_\_\_\_ Apt. #: \_\_\_\_\_

**\*Please return this form to the MAIN OFFICE starting on Monday, June 2nd\***



**RETURN THIS  
FORM TO BRENDA**

# July Van Trips



7/2	Wednesday	Breakfast at <b>WILLIAMS FAMILY RESTAURANT</b>	10:00a____
7/3	Thursday	<b>BANKS</b> _____ & Shopping at <b>CVS / WALGREENS</b>	10:00a____
7/7	Monday	Dinner at <b>BUCKEYE TAVERN</b>	3:30p____
7/8	Tuesday	<b>SILVER BIRCHES: 'Shake, Rattle, &amp; Roll'</b> (\$45.00 includes ticket, lunch, bar, fun, & tip)	9:00a____
7/10	Thursday	Shopping at <b>WEIS</b>	10:00a____
7/11	Friday	Truth & Light: <b>'THE PRINCE OF EGYPT'</b> <b>The Musical</b> (\$18.00 per ticket)	9:30a____
7/14	Monday	Ice Cream at <b>THE BETHLEHEM DAIRY STORE</b>	10:30a____
7/15	Tuesday	<b>BANKS</b> _____ & Shopping at <b>TARGET</b>	10:00a____
7/16	Wednesday	Lunch at <b>WERT'S CAFE</b>	12:00p____
7/17	Thursday	Shopping at <b>GIANT</b>	11:00a____
7/21	Monday	Shopping at <b>WALMART 248</b>	10:00a____ 2:00p____
7/22	Tuesday	Lunch at <b>GROVE STREET PUB &amp; GRILL</b>	12:00p____
7/23	Wednesday	<b>Silver Birches: 'Scenic Boat Ride'</b> (\$50.00 includes ticket, lunch, bar, fun, & tip)	8:00a____
7/25	Friday	Shopping at <b>WEGMANS</b>	12:00p____
7/28	Monday	Shopping at <b>ALLENTOWN CROSSINGS</b> Lunch at <b>OUTBACK STEAKHOUSE</b>	10:00a____
7/29	Tuesday	Breakfast at <b>MORGAN'S</b>	9:00a____
7/30	Wednesday	Shopping at <b>DOLLAR TREE 378</b>	10:00a____ 2:00p____
7/31	Thursday	Dinner at <b>PLAZA AZTECA MEXICAN</b>	3:30p____

Name: \_\_\_\_\_

Phone#: \_\_\_\_\_ Apt#: \_\_\_\_\_



# **JULY Van Trips**    \$ Inexpensive    \$\$ Moderate    \$\$\$ Expensive

*Below are descriptions of the unique trips scheduled & what you should expect if you attend.*

## **BUCKEYE TAVERN:**

Offering the best food, perfectly prepared and served with style. Enjoy Seafood - BoomBoom Shrimp, Calamari, Scallops, Salmon, Crab & amazing Nachos, Wings, Empanadas, Quesadillas, Fajitas, Burgers, Stir-Fry, Pasta, Wraps, Sandwiches, Steaks, Salads, Soups, Deserts, and everything in between!

\$

## **SILVER BIRCHES-'SHAKE, RATTLE, & ROLL':**

**11a ARRIVAL** to coffee cake, shop Artisan jewelry, gifts, & local food specialties

**11:30a ENJOY** music and dancing.

**12:00p DIVE** into the open bar with drafts on tap, wine & soda

**12:30p BUFFET SERVICE** includes Coffee Cake, Broccoli Salad, House Baked Bread, Roasted Pork Loin, Wild Rice Pilaf, All Beef Meatloaf with Gravy, Garlic Roasted Potatoes, Chef's Whim Salad, Roasted Veggies, Rice Pudding & Ice Cream

**2:00p TAKE A TRIP** down memory lane with a Rock & Roll show featuring Group DuJour playing tunes from the 50's - 80's. Come dressed to impress! They'll keep things movin' and groovin' with their own version of American Bandstand, including a twist contest, a silly lyrics contest, crazy costumes, hoops and more. Don't miss out!

**3:30p SNACK** before departure

\$\$

## **TRUTH & LIGHT PRESENTS: 'THE PRINCE OF EGYPT'**

Upon discovering his roots as a Jewish slave, Moses, embarks on a quest to free his people from bondage. When his plea is denied by his brother Rameses, the new pharaoh, a series of horrific plagues strike Egypt. Moses finally leads the Israelites to freedom by parting the Red Sea and drowning the Egyptian army. God then gives Moses the Ten Commandments, a list of rules for his people to live by.

## **WERT'S CAFE:**

Relish in their great selection of Homemade Soups, Sandwiches, Seafood, Salads, Deserts, Signature Burgers, and top it off with their FAMOUS onion rings.

\$

## **SILVER BIRCHES-'SCENIC BOAT RIDE':**

**10a ARRIVAL** to coffee cake, shop Artisan jewelry, gifts, & local food specialties

**10:30a SIT BACK & RELAX** on a Pontoon Boat and enjoy a 30 minute cruise on beautiful Lake Wallenpaupack as your tour guide describes the area and the history of the 'Big Lake' and the scenic Pocono Lake Region. **\*Requires Mobility & Balance.**

**1:00p BUFFET SERVICE** (See Menu Above)

**2:30p ENJOY** 'The Joey Vincent Show', the best one man show you will ever see! His singing, comedy, and impressions have been an audience favorite for years.

**3:30p SNACK** before departure

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## **PLAZA AZTECA MEXICAN:**

Make your way to Mexico to enjoy Elote, Guacamole, Burritos, Tacos, Sizzling Fajitas, Nachos, Enchiladas, Chimis, Steaks, Quesadillas, and Fried Rice...all with a Margarita in hand.

\$